

## **Short term Courses in Yogic Science / Yoga Education (30 hours course)**

1. Diabetic Yoga
2. Stress Management
3. Acupuncture Therapy
4. Glamour Therapy
5. Aroma Therapy
6. Stroke Therapy
7. Yoga for Maintain Youthfulness
8. Arthritis Yoga
9. Yoga Therapy for Thyroid
10. Yoga Therapy for Spondylitis
11. Yoga Therapy for Mental Growth
12. Yoga Therapy for Height Gain
13. Yoga Therapy for Weight Gain
14. Yoga for Autistic Children
15. Yoga Therapy for Parkinsonism
16. Therapeutic training in Neti Kriyas
- 17. Yoga for Constipation**
- 18. Yoga for Insomnia / Sleeplessness**
- 19. Yoga for Stress Management**
- 20. Yoga and meditation for Incontinence**
- 21. Yoga for Good Health**
- 22. Yoga and consciousness**
- 23. Yoga for Allergy treatment**
- 24. Asthanga Yoga**
- 25. Vinaysa Yoga**